

Past Hospitalization: Please list any hospitalizations other than for surgeries already listed:

Reason	Date

Family History

Medical Condition	Type	Mother	Father	Sister(s)	Brother(s)
Cancer					
Heart Disease					
Diabetes					
Mental Conditions					
Thyroid Disorder					

List any other pertinent family medical history: _____

- Is your mother alive? Yes / No (age at death: ____ ; cause: _____)
- Is your father alive? Yes / No (age at death: ____ ; cause: _____)

Social History:

Marital Status: Single / Married / Divorced / Separated / Widowed
Children: Yes / No; If yes, how many _____ / Year of birth of each: _____
Smoking Status: Do you smoke or use tobacco: Yes / No; If yes: cigarettes / cigars / chewing tobacco / vape
How much do you smoke? _____ / day; _____ / week
Alcohol: Do you drink alcohol: Yes / No
If yes, how much: _____ drinks per day; _____ drinks per week
Caffeine intake: Yes / No
If yes: _____ cups coffee / tea per day
Carbonated caffeine beverages: _____ / day
Fluid intake: How much fluid do you drink per day? _____ / cups or oz
Exercise history: Do you exercise: Yes / No
If yes, how much: _____ minutes / day; _____ days / week

Please circle any of the following conditions you CURRENTLY experience:

Allergies / Insomnia / Sleep apnea / Narcolepsy / Excessive sleepiness / Personal Cancer history: if yes, where _____ / fatigue / weight loss
Vertigo / Hearing loss / Ringing in ears
Goiter / hypothyroidism / hyperthyroidism / diabetes: type I or II
Syncope (passing out) / Lightheadedness / Tachycardia (fast heart rate) / Heart attack / High cholesterol / Chest pain / High blood pressure / Palpitations / shortness of breath
Abdominal bloating / IBS / Abdominal pain / Constipation / Diarrhea
Pain in joints / Muscle pains / Fibromyalgia / Ehlers-Danlos Syndrome / Arthritis
Migraines / Dizziness / Tingling and numbness
Psychiatric meds in the past? Yes / No / Bipolar disorder / Anxiety / Depression
Asthma / cough / wheezing
Blurred vision / dry eyes / floaters in eyes

*** Patient signature: _____ Date: _____ ***

*** You must sign this form ***